

NE Zones Code of Conduct

All swimmers participating on the New England All-Star Zone Team are expected to follow all of the rules and standards set by the coaches and the chaperones on the trip.

1. All 11 & Over participants must travel with the group at all times unless he or she has made other arrangements ahead of time that have been approved by the coaches. One is NEVER permitted to travel alone. Please use the buddy system at all times and stay with your assigned trip group.
2. All participants are expected to be on time for all team meals, team meetings and departures. Please check in with the chaperones or coaches (10 & Unders) at the assigned times. Failure to do so will result in your immediate return home at the expense of your parents.
3. A signed medical release is on file for the participants with the coaches. Any serious medical condition will be communicated to the parents of the participants as quickly as possible.
4. Please remember that you are representing New England Swimming and you are expected to present the best possible image of the team at all times. Polite courteous behavior will be enforced at all times.
5. There will be a swim vendor and a concessions area away from the pool deck. You are expected to let your chaperone or coach (10U) know when you leave the deck to visit these areas and you must travel with a buddy.
6. Once the team has arrived at and entered the pool, no travel team participant is allowed to leave the building until the time of team departure unless accompanied by a coach or chaperone (10U must be with their parents to leave).
7. No 11 & Over participant is allowed to leave the hotel for any reason other than team departures.
8. At the hotel, no 11 & Over swimmer should be in a room of the opposite sex for any reason.
9. Team travel participants (11 & Over), your chaperone **MUST ALWAYS** know where you are.
10. Team travel participants (11 & Over), during rest times, swimmers are to be quietly resting and/ or sleeping in their own beds with the doors closed. If swimmers who are not competing in finals wish to socialize, some chaperones will supervise you in a designated area. Absolute quiet must be maintained on our hall so that swimmers competing in finals may get their needed sleep before finals.
11. All team travel participants (11 & Over) are expected to be present at EVERY meal. You are to stay in the meal room with the team until you have been given permission to leave by the coaches. This is our time to share important team information with everyone. Please be respectful and stay with the group.
12. Team travel participants (11 & Over), during non-sleep times at the hotel, all room doors must be propped open so that the chaperones can easily supervise activities in the rooms. Room doors will only be closed when swimmers are off of the hallway or sleeping in their own beds. At all other times, doors will be propped.
13. All swimmers must wear the New England Team uniform at all times at the pool. Swimmers must wear the NE Zone apparel at all times when at the pool. No one is allowed to wear any team gear from home club.
14. All team travel participants (11 & Over) are expected to attend ALL sessions of the meet, whether racing or not. All team travel participants (11 & Over) must warm-up at every preliminary session, regardless of session participation and must warm-up at every finals session in which they are participating in an individual or relay event. All swimmers are expected to utilize proper championship meet warm-up and warm-down procedures for each event, show excellent team spirit at all times, and be role models within the LSC for championship meet behavior.
15. All swimmers are expected to follow the requests and rules set forth by the chaperones and coaches, including warm-up procedures and relay order.
16. The consumption or purchase of alcohol, smoking, or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments.

These regulations have been set with your safety in mind. We want you, and future participants, to benefit from this experience in the most positive way. By working together and acting responsibly, every participant is assured a wonderful team event. **INFRACTIONS OR VIOLATIONS OF THESE POLICIES WILL RESULT IN A SWIMMER RECEIVING DISCIPLINARY ACTION OR BEING SENT HOME EARLIER THAN SCHEDULED AT THE PARENTS EXPENSE.**