New England Swimming Open Championships

July 25-28, 2008

Blodgett Pool, Harvard University, Boston, MA Sanctioned by New England Swimming: NE-08-71(TT)

Presented by: Bay and Ocean State Squids

Meet Director: Tim Murphy (tdmurphy@fas.harvard.edu, 617-495-2268)

Entry Chairperson: Carol Healey (nemeetentries@comcast.net, 781-444-2014)

47 May Street, Needham, MA 02492

Meet Referee: Don Weaver (donald.weaver@vtmednet.org)

	Friday	Saturday	Sunday	Monday
Warm Up Prelims	7:30am	7:30am	7:30am	7:30am
Prelims Begin	9:00am	9:00am	9:00am	9:00am
Warm Up Finals	5:00pm	5:00pm	5:00pm	4:00pm
Finals Begin	6:00pm	6:00pm	6:15pm	5:00pm

GRADUATING SENIOR CEREMONY: Graduating seniors will be honored on Sunday at the start of the evening session (6:00pm). If you will not be swimming in the meet but will be there for the ceremony, please notify the New England Swimming Office (office@neswim.com) so that your name will be listed.

MEET FORMAT: The meet will be conducted in a prelims/finals format. In all events except relays and the 800 and 1500 freestyle, there will be four heats in the evening finals: a 13-14 year old heat of those swimmers not qualifying for any other heats in that event, followed by the Bonus, Consolation and Championship Final heat in that order. Relays will be swum as timed finals, swimming slowest-to-fastest, during the evening finals. The fastest heat of the women's and men's 800 freestyle and 1500 freestyle will swim during the evening finals. All but the fastest heats of the 800 freestyle and 1500 freestyle will swim fastest-to-slowest.

SITE: Blodgett Pool features an 8 lane, 50 meter competition course with Kiefer Advantage II lane lines, a fully automatic Daktronics Timing System with alphanumeric scoreboard, and touchpads at both ends of the course. There is a diving well area that will be available for warm-up and warm-down activities. The facility has seating for 1200 spectators. The pool is located near the Harvard Football Stadium, at 65 North Harvard Street, Boston MA 02163. Directions may be found below.

COURSE: Long course meters (50 meters). 50-meter events will start at the starting end of the course, and finish at the turn end of the course. For 200-meter relays, the second and fourth swimmers may dive from the edge of the pool at the turn end. There are no starting blocks at the turn end of the pool. The starting end of the course has a depth of 7 feet. The turn end of the course has a depth of 3 feet 9 inches.

EVENTS: See attached list.

ELIGIBILITY: All contestants must be 2008 United States Swimming registered athletes. Any swimmer registered with United States Swimming and with qualifying times is eligible to swim in this meet. *All swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer.* New England teams entering the meet are required to check their entries with the online registration check tool on the New England Swimming web site (http://www.neswim.com/tools/registration.html). Please contact the New England Swimming Office for registration information. Disabled swimmer forms are available from the New England Swimming Office. New England Swimming Office: 20 Cleveland Road, Needham MA 02492, 781-449-0270, office@neswim.com.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made.

ENTRY INFORMATION: All entries, hand written, or emailed, must be received by 6:00pm, Tuesday, July 15, 2008. Email entries with a standard SD3 or CL2 data file of your team's entries attached are encouraged, provided a hardcopy of the entry, with a signed entry cover sheet, arrives on or before the hard copy deadline of July 19, 2008. Email entries to: nemeetentries@comcast.net. In the text of the email write all contact information, including team name, coach name, contact person, email address and phone numbers. Please include your team abbreviation email subject line.

An entry will **not** be accepted without the hard copy and payment. Payment and hard copy are due by Saturday, July 19, 2008. No fax entries will be accepted. All hard copies and checks should be sent by US Postal Service certified mail, or hand delivered. **Please check the "no signature required" box on overnight deliveries**.

All entries must be typed or legibly printed and must include all swimmer's USA Swimming numbers and ages. The Hy-Tek entry report should be the entry report "by athlete", not "by event", and should include the proof of times report that identifies the meet where each qualifying time was achieved. If there is a discrepancy between the hard copy and the electronic entry, the hard copy will be used as the official meet entry. Send the hard copy entries to: Carol Healey 47 May Street, Needham, MA 02492.

Direct all entry questions to Carol Healey (nemeetentries@comcast.net, 781-444-2014).

Please include one check for all entries from your team, including the swimmer participation fee, and the travel fund surcharge. Checks should be made payable to **Mass Bay Marlins**.

Please do not ask to change entry times or events after the entry deadline. No deck entries will be accepted.

ENTRY FEES: \$5.00 electronic entry/\$5.50 hand entry for all individual events. \$20.00 electronic relay entry/\$20.50 hand relay entry. In addition, there is a \$5.00 swimmer participation fee and a \$2.00 New England Travel Fund surcharge for every swimmer listed on the entry including relay only swimmers.

ENTRY TIMES: Entry times must be achieved between July 19, 2007 and the entry deadline of July 15, 2008. Entry times will be seeded in the following order: LCM, SCY, SCM.

ENTRY LIMITS: A swimmer may swim in a maximum of 9 individual events excluding time trials, with no more than 3 individual events per day, including time trials. A swimmer may enter as many events as he/she has qualified for, then scratch down to the allowed maximum 9 individual events for the meet with a maximum of 3 individual events per day.

RELAYS: All relays will be swum as timed finals at the end of the evening finals. Up to two relays may be entered into the meet per event, and both may score. Relay limits are as follows:

- Zero (0) qualified swimmers per gender: No relays, and no relay-only swimmers are permitted.
- 1-4 qualified swimmers per gender: Limit of 1 relay, with unlimited relay-only swimmers
- 5 or more qualified swimmer per gender: Limit of 2 relays, with unlimited relay-only swimmers Relays are permitted to have four relay-only swimmers.

NOTE: Relay-only swimmers will be allowed on deck and in warm-up only during the session in which they are swimming. All relay-only swimmers must be included in the meet entry and must pay both the Swimmer Participation Fee and the New England Travel Surcharge Fee.

Relays must be positively checked-in at the Clerk of Course by 6:00pm on the day of the event (5:00pm on Monday). Relay cards must be turned in by 7:00pm to the Clerk of Course (6:00pm on Monday). Relay name or order changes may be done at the Clerk of Course until the event is called.

There will be a 10 minute relay warm-up before the relays each evening.

TIME TRIALS: Time trials will be available at the discretion of the meet referee and meet director, and if time allows, after the prelims sessions on Saturday, Sunday and Monday. All time trial swimmers must provide two timers for their swims. Time trials are \$5 for individual events and \$20 for relays. Swimmers may not swim more than 3 individual events per day, including time trials.

DISTANCE EVENTS: The 800 freestyle and 1500 freestyle will be swum as timed finals. Both events will be swum fastest to slowest, alternating heats of women and men. The fastest heat of women and men in the 800 freestyle and 1500 freestyle will be swum at the beginning of the evening finals on Friday and Monday. All other heats will be conducted during prelims. The Meet Referee reserves the right to run heats of the 800 freestyle and/or the 1500 freestyle with 2 swimmers per lane if the events are over subscribed. If necessary, the Meet Referee reserves the right to cut swimmers from the 800 freestyle and 1500 freestyle based on time due to session time restraints. All distance swimmers must provide at least 2 timers and 1 counter for their swims. The 800 freestyle and 1500 freestyle are positive check-in events (see below).

The 400 freestyle and 400 IM will be swum as prelims and finals. If necessary, due to session time restraints, the 400 freestyle and the 400 IM may be seeded using A Flight/B Flight format. The A Flight of each event will consist of the fastest 5 heats. The A Flight will swim slowest-to-fastest, all heats of women followed by all heats of men. The B Flight will swim fastest-to-slowest, alternating heats of women and men. All swimmers in the 400 freestyle and 400 IM must provide at least two timers. The 400 freestyle and 400 IM will follow standard scratch procedures below. These are *not* positive check-in events.

SCRATCHES: Scratch forms will be located at the Clerk of Course table on the pool deck. Scratch deadlines for Saturday, Sunday, and Monday are 6:00pm the night before the next day of prelims. Scratches for Friday events only need to be e-mailed to Carol Healey (nemeetentries@comcast.net) by 6:00pm on Thursday. Scratches for Saturday events can be phoned in (if you are unable to be at the pool) on Friday by 6:00 to Mariella Allard (508) 633-8821.

POSITIVE CHECK-IN: All 800 freestyle and 1500 freestyle swimmers and all relays must confirm their intention to participate with a positive check-in for those events. The deadline for positive check-ins for the 800 freestyle and 1500 freestyle is 9:00am at the Clerk of Course on the day of the individual event. All relays must check-in by 6:00pm at the Clerk of Course on the day of the event. Failure to check-in will result in a swimmer or relay being scratched from the event. Any swimmer or relay team that does affirm his/her/their intent to swim and does not compete, unless excused by the referee, will be barred from further competition at this meet, including relays and time trials.

SPECIAL SCRATCH NOTES:

- 1. Coaches and swimmers are expected to understand the scratch, verification and relay rules before the meet begins.
- 2. Any swimmer who fails to compete in an individual event heat in which he/she is entered and has not been scratched will be barred from further competition for that day, including relays and time trials. The swimmer will be also automatically scratched from the following day's events unless the

- clerk of course has been notified of the swimmers intention to compete by 6:00pm. *Note:* Finals are considered continuation of events starting with prelims.
- 3. Any swimmer who competes in an individual heat and qualifies for Finals and fails to notify the clerk of course of his/her intention to withdraw from the finals within 30 minutes of the posting of the results and qualifiers for that event, and does not compete nor is excused by the meet referee, will be barred from all subsequent competition in the meet, including relays and time trials.
- 4. On Monday, any team whose swimmer competes in an individual heat and qualifies for Finals and fails to notify the clerk of course of his/her intention to withdraw from the finals within 30 minutes of the posting of the results and qualifiers for that event, and does not compete nor is excused by the meet referee, will be fined \$100. The meet referee may waive the fine, if based on his judgment, the swimmer was ill or the reason for missing the final was beyond the control of the swimmer.

VERIFICATION & RULES: There will be a verification table on deck. At this meet teams must submit to the verification table a copy of their meet entry with verification of all times indicated. Teams must also include a copy of any non-New England calendar meet results used for entry times. Any swimmer unable to verify entry time will be barred from the rest of the meet. If several swimmers from one team are unable to verify entry times the swimmers and the coach may be banned from the remainder of the meet.

The 2008 USA Swimming rules will govern except as otherwise stated herein and the decision of the referee will be final. Disabled swimmer forms are required by US Swimming and are available from the New England Swimming Office.

Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

WARM-UP: USA Swimming warm-up policies will be in effect for the meet. Diving will be prohibited during warm-ups in the warm-up/down pool at all times during the meet. One way sprint lanes will be announced during warm-ups for starting practice only. Coaches must instruct their swimmers to obey these rules. Failure to comply with a designated safety marshal's orders may result in disciplinary action. All swimmers participating in the meet without a USA Swimming registered coach shall report to the referee before warm-ups prior to each session.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time. Athletes must, at all times, enter the pool only from the starting block end. This applies to the warm-up area also.
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. No camera cell phones are permitted in the locker rooms.

AWARDS: Medals will be awarded for the first 8 places, in individual events, and medals for the first three places in relays.

The top eight high point winners for women (Open and 13-14), men (Open and 13-14) and teams will be awarded a plaque. Individual high point distance awards will be given to the top 3 female and male swimmers (Open) for the 400 IM, 400 freestyle, 800 freestyle and 1500 freestyle. The high point ceremony will take place

on Monday evening at the conclusion of the session. Coaches are responsible for making sure their swimmer is present to receive their award.

Note: Those 13-14 year old swimmers competing in the top 3 heats of the open competition will have their scores included in the tabulation of the 13-14 high point awards.

The awards ceremony will consist of only announcing the results of the Championship Final heat immediately upon completion of that event. Awards for all events will be available at the designated awards table upon request of the swimmer during the meet.

SCORING: Scoring will be to 24 places:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
Individual:	32	29	28	27	26	25	24	23	20	18	17	16	15	14	13	12	9	7	6	5	4	3	2	1
Relay:	64	58	56	54	52	50	48	46	40	36	34	32	30	28	26	24	18	14	12	10	8	6	4	2

Please note that only the championship, consolation and bonus finals will be scored for team awards and open high point awards.

RESULTS: Event results will be posted on the pool deck and in the spectator area immediately after each event.

ADMISSION: \$1.00 per session

PROGRAMS: \$3.00 per session.

HOSPITALITY: Coaches and officials will be served food during Prelims and Finals sessions. Cold drinks and snacks will be available throughout the meet.

VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

FOOD: A concession stand will be in operation for the duration of the meet.

TIMERS AND OTHER WORKERS: According to New England Swimming policy, New England Swimming will make timing assignments for this meet based on the size of your team's entry. Please be cooperative and punctual. We need the full cooperation of all teams, large and small, to adequately run this meet. All teams will be given timing/work assignments based on the number of entries. Teams treating this meet as a team travel meet need to assure that they have enough parental workers at the meet to fulfill their team obligation. The timing assignments will be posted on the web page with ample time to get workers. All swimmers in the 400 IM, 400 freestyle, 800 freestyle and 1500 freestyle reminded that they must provide at least 2 timers and 1 counter (800 free and 1500 free) for the distance events.

"NO SHOW" WORKERS: If a team does not provide the timers it has been assigned at a championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

OFFICIALS: Officials are requested to help with the pre-meet planning for this meet by stating their availability to help as soon as possible. Please provide the information requested on the Application to Officiate for this meet, found on the New England Swimming web site (www.neswim.com). Host Team officials are reminded that they also need to submit an application. All applications that are received by the meet entry deadline (July 15, 2008) will count towards the work requirements for the official's team. Applications to officiate that are received at least ten days prior to the meet, and declare a commitment to serve at most of the meet, will be given priority consideration in deck assignments. Please do not submit an application within three days of the meet. "Walk-on" officials are always welcome and will be assigned to positions that are not filled.

COACHES NOTES: All coaches should check-in at the Clerk of Course upon arrival at the pool. Coaches' information will be available at the beginning of warm-ups at each session from the Clerk of Course. These will include the heat sheets for that session and any notes that may be needed. There will be a coaches meeting at 8:40 on Friday, and after that, as necessary.

Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Swimmers, parents, coaches, and spectators are restricted to the pool, spectator stands and concession area. No glass bottles are allowed in the pool areas or locker rooms. No smoking is permitted inside the building. Harvard University, New England Swimming, Bay and Ocean State Squids, and Mass Bay Marlins will not assume responsibility for lost or stolen articles. Parents are in charge of supervising younger children in attendance at the meet. Officials will be patrolling the facility and locker rooms and will have the authority to dismiss swimmers and spectators immediately from the facility. There will be no exceptions. Coaches are responsible for communicating this to both swimmers and parents.

DIRECTIONS: The street address for Blodgett Pool is 65 North Harvard Street, Boston MA 02163.

From the West: Take the Massachusetts Turnpike east to Exit 18 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

From the North: Take I-93 south to Storrow Drive exit. Take Storrow Drive west for approximately five miles. Exit at Harvard Square/North Harvard Street. At the top of the exit, turn left onto North Harvard Street. Approximately 1/4 mile on your left will be the entrance to the Harvard Business School parking lot, on Albert H. Gordon Road, opposite the football stadium.

From the South: Take I-95 north to I-93 north. Follow I-93 to Exit 20 (Massachusetts Turnpike). Take Mass. Pike west to Exit 20 (Allston/Cambridge). After paying toll, bear left at fork towards Allston. Turn right at second set of lights onto North Harvard Street. Proceed approximately one mile. The entrance to the Harvard Business School parking lot will be on your right, on Albert H. Gordon Road, opposite the football stadium.

Via M.B.T.A. (subway/bus): The Red Line subway stops at Harvard Square. Blodgett Pool is a 10-minute walk from the square, down John F. Kennedy St. and over the Charles River. Several bus routes make stops at Harvard Square as well. The 66 and 86 routes include stops on North Harvard Street in front of Harvard Stadium and Blodgett Pool.

PARKING: All parking will be located at the Harvard Business School parking lot the parking charge will be between \$5–\$10. Any vehicles parked in the athletics complex or around the football stadium will be towed.

LODGING: Provided are some hotels in the area.

Hyatt Regency Cambridge

575 Memorial Drive, Cambridge MA 02139 617-492-1234 1.8 miles to pool [Hotel web site] [Map] [Directions to pool]

Doubletree Guest Suites Boston

400 Soldier's Field Road, Boston MA 02134 617-783-0090
1.0 mile to pool
[Hotel web site] [Map] [Directions to pool]

Days Inn Boston

1234 Soldier's Field Road, Boston MA 02135 617-254-1234 0.9 miles to pool [Hotel web site] [Map] [Directions to pool]

Residence Inn by Marriott Boston Cambridge Center

6 Cambridge Center, Cambridge MA 02142 617-349-0700 2.2 miles to pool [Hotel web site] [Map] [Directions to pool]

Hilton Garden Inn Hotel in Waltham

420 Totten Pond Road, Waltham MA 02451 781-890-0100; \$99.00 quad 8.1 miles to pool [Hotel web site] [Map] [Directions to pool]