

**New England Swimming**  
**2007 Long Course Zone Team**

EASTERN ZONE ALL STAR SWIM MEET

August 8-11 2007

Erie Community College Flickinger Aquatic Center and University of Buffalo Alumni  
Arena Pool in Buffalo, NY

**NEW ENGLAND SWIMMING ZONE TEAM:**

**TEAM TRAVEL (11 & OLDER) SWIMMER APPLICATION**

Please complete and submit to the verification table at the 2007 New England Long  
Course Championship Meets.

Name \_\_\_\_\_

Legal first name                      Middle initial                      Legal last name

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ USA Swimming I.D. # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Your home e-mail address \_\_\_\_\_

*(All Zone Team correspondence will occur via e-mail)*

Phone (      )                      home                      cell

Coach \_\_\_\_\_ Club affiliation \_\_\_\_\_

Suit size Male-regular or jammer (Circle one) \_\_\_\_\_ Female \_\_\_\_\_

Shirt Size \_\_\_\_\_ Sweat shirt size \_\_\_\_\_ Short size \_\_\_\_\_

Swimmers must have a minimum of two (2) Zone long course meters qualifying times in order to be considered for the New England Zone Team. Please list the times and events for which you have qualified as well as the 50 and 100 meter freestyle times (for relay consideration). ONLY long course meter times will be accepted (no converted short course times will be allowed). For verification, please list the USA Swimming sanctioned meet at which each time was attained. Swimmers are allowed six events total – no more than three per day, not including relays.

Event 1 \_\_\_\_\_

Event 2 \_\_\_\_\_

Event 3 \_\_\_\_\_

Event 4 \_\_\_\_\_

Event 5 \_\_\_\_\_

Event 6 \_\_\_\_\_

50 Free \_\_\_\_\_ 100 Free \_\_\_\_\_



## **Waiver of Liability**

*I hereby release New England Swimming, together with their operators, agents, employees, consultants, and instructors from any and all claims from injury or damage that may be sustained by me or my child during participation in the Eastern Zone Age Group All Star Swimming Competition..*

*I represent hereby that my child is in good health and capable of participating on the New England Zone Team and will not do anything which will injure himself/herself or others while engaged in the programs. I will hold New England Swimming harmless in connection with his/her participation.*

*If an accident or injury occurs, I will give New England Swimming or their representatives permission to obtain medical attention and/or required treatment.*

Parents Signature \_\_\_\_\_

Date \_\_\_\_\_

## **Code of Conduct**

**All swimmers participating on the New England All-Star Zone Team are expected to follow all of the rules and standards set by the coaches and the chaperones on the trip.**

1. All participants must travel with the group at all times unless he or she has made other arrangements ahead of time that have been approved by the coaches. One is NEVER permitted to travel alone. Please use the buddy system at all times and stay with your assigned trip group.
2. All participants are expected to be on time for all team meals, team meetings and departures. Please check in with the chaperones at the assigned times. Failure to do so will result in your immediate return home at the expense of your parents.
3. A signed medical release is on file for the participants with the coaches. Any serious medical condition will be communicated to the parents of the participants as quickly as possible.
4. Please remember that you are representing New England Swimming and you are expected to present the best possible image of the team at all times. Polite courteous behavior will be enforced at all times.
5. There will be a swim vendor and a concessions area away from the pool deck. You are expected to let your chaperone know when you leave the deck to visit these areas and you must travel with a buddy.
6. Once the team has arrived at and entered the pool, no participant is allowed to leave the building until the time of team departure unless accompanied by a coach or chaperone.
7. No participant is allowed to leave the hotel for any reason other than team departures.
8. At the hotel, no swimmer should be in a room of the opposite sex for any reason.

9. Your chaperone MUST ALWAYS know where you are whether at the pool or at the hotel.
10. During rest times (from 1:00 p.m. – 4:00 p.m.) swimmers are to be quietly resting and/ or sleeping in their own beds with the doors closed. If swimmers who are not competing in finals wish to socialize, some chaperones will supervise you in a designated area. Absolute quiet must be maintained on our hall so that swimmers competing in finals may get their needed sleep before finals.
11. All swimmers are expected to be present at EVERY meal. You are to stay in the meal room with the team until you have been given permission to leave by the coaches. This is our time to share important team information with everyone. Please be respectful and stay with the group.
12. During non-sleep times at the hotel, all room doors must be propped open so that the chaperones can easily supervise activities in the rooms. Room doors will only be closed when swimmers are off of the hallway or sleeping in their own beds. At all other times, doors will be propped.
13. All swimmers must wear the New England Team uniform at all times at the pool. Swimmers must wear the team cap, suit, T-shirt, sweatshirt and shorts at all times when at the pool. NO swimmer is allowed to wear any team gear from his or her home club at any time.
14. All swimmers are expected to attend ALL sessions of the meet, whether racing or not. Swimmers must warm-up at every preliminary session, regardless of session participation and must warm-up at every finals session in which they are participating in an individual or relay event. Swimmers are expected to utilize proper championship meet warm-up and warm-down procedures for each event, show excellent team spirit at all times, and be role models within the LSC for championship meet behavior..
15. All swimmers are expected to follow the requests and rules set forth by the chaperones and coaches, including warm-up procedures and relay order.
16. The consumption or purchase of alcohol, smoking, or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments.

These travel regulations have been set with your safety in mind. We want you, and future participants, to benefit from this experience in the most positive way. By working together and acting responsibly, every participant is assured a wonderful team event. **INFRACTIONS OR VIOLATIONS OF THESE POLICIES WILL RESULT IN A SWIMMER RECEIVING DISCIPLINARY ACTION OR BEING SENT HOME EARLIER THAN SCHEDULED AT THE PARENTS EXPENSE.**

I have read the policies outlined above and agree to abide by them  
Swimmer's signature \_\_\_\_\_

I have read the policies and agree with them in their entirety.  
Parent's signature \_\_\_\_\_

PLEASE NOTE: Swimmers who wish to compete in the Eastern Zone Open Water Swimming Competition may do so at their own expense. New England Swimming will not be responsible for meet entry, staffing or supervision of any kind for this competition.

The **deadline for applications** for **ALL swimmers** will be at the conclusion of the 13 and Over Championship Meet at Harvard, on **Monday, July 30th, 2007**. The meet entry deadlines must be adhered to, thus there will be **no exception** to the swimmer application deadlines.

### **TRIP FEE**

**\$450.00 per swimmer (ages 11 and older) traveling with team**

**\$150.00 per swimmer (10 and younger) traveling with parents**

*A 10 and younger swimmer who wishes to travel on the team bus may do so only if accompanied by a parent and if room is available on the bus. An additional fee of \$50.00 per person (\$50.00 for the swimmer plus \$50.00 for the parent) will be applied.*

Date of receipt: